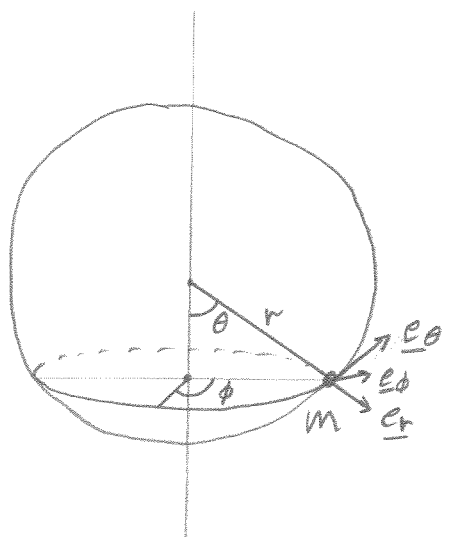


The Spherical Pendulum



$$\begin{cases} 0 \leq \theta < \pi \\ 0 \leq \phi < 2\pi \end{cases}$$

$$\begin{cases} x = r \cos \phi \sin \theta \\ y = r \sin \phi \sin \theta \\ z = -r \cos \theta \end{cases}$$

Let us write the Lagrangian of the system:

$$\begin{aligned} L &= T - V(z) \\ &= \frac{1}{2} m (\dot{x}^2 + \dot{y}^2 + \dot{z}^2) - mgz \\ &= \frac{1}{2} m r^2 (\dot{\theta}^2 + \dot{\phi}^2 \sin^2 \theta) + mgr \cos \theta \\ &\equiv L(\theta, \dot{\theta}, \dot{\phi}) \end{aligned}$$

Notice that L does not depend on ϕ explicitly, then the following quantity is a constant of the motion (as we will see later)

$$p_{\dot{\phi}} = \frac{\partial L}{\partial \dot{\phi}} = m r^2 \dot{\phi} \sin^2 \theta \quad (1) \quad \text{(angular momentum in the } \underline{e}_{\phi} \text{ direction)}$$

We derive the Euler-Lagrange equations:

$$m r^2 \ddot{\theta} = m r^2 \dot{\phi}^2 \sin \theta \cos \theta - mgr \sin \theta \quad (2)$$

$$\dot{\phi} \sin^2 \theta + 2 \dot{\theta} \dot{\phi} \sin \theta \cos \theta = 0 \quad (3)$$

From the equation (3) we see that $\dot{p}_{\dot{\phi}} = 0$! This is the conservation of angular momentum.

From (1) we can write $\dot{\phi} = \frac{p_{\phi}}{m r^2 \sin^2 \theta}$ and substitute it in (2). We get

$$\ddot{\theta} = - \frac{\partial V_{\text{eff}}}{\partial \theta}$$

with $V_{\text{eff}}(\theta) = - \frac{g}{r} \cos \theta + \frac{J^2}{2m^2 r^4} \frac{1}{\sin^2 \theta}$.

Since $\frac{\partial L}{\partial t} = 0$, we know that the energy of the system is conserved:

$$\frac{E}{m r^2} = \frac{1}{2} \dot{\theta}^2 + V_{\text{eff}}(\theta).$$

One alternative to get the Hamiltonian function is to perform a Legendre transformation:

$$H(p, q) = \sum_i p_i \dot{q}^i - L(q, \dot{q})$$

$$H(p_{\phi}, p_{\theta}, \theta, \phi) = p_{\phi} \dot{\phi} + p_{\theta} \dot{\theta} - L(\theta, \phi, \dot{\theta}, \dot{\phi})$$

where $p_{\phi} = \frac{\partial L}{\partial \dot{\phi}}$ and $p_{\theta} = \frac{\partial L}{\partial \dot{\theta}}$.

Then we get

$$H(p_{\theta}, p_{\phi}, \theta) = \frac{p_{\theta}^2}{2m r^2} + \frac{p_{\phi}^2}{2m r^2 \sin^2 \theta} - m g r \cos \theta, \quad (4)$$

$$(H = T + V)$$

with the Hamilton equations of motion:

$$\dot{q}^i = \frac{\partial H}{\partial p_i} \rightarrow \dot{\theta} = \frac{\partial H}{\partial p_{\theta}} = \frac{p_{\theta}}{m r^2}; \quad \dot{\phi} = \frac{\partial H}{\partial p_{\phi}} = \frac{p_{\phi}}{m r^2 \sin^2 \theta}, \quad (5)$$

$$\dot{p}_i = - \frac{\partial H}{\partial q^i} \rightarrow \dot{p}_{\theta} = - \frac{\partial H}{\partial \theta} = \frac{p_{\phi}^2 \cos \theta}{m r^2 \sin^3 \theta} - m g r \sin \theta; \quad \dot{p}_{\phi} = - \frac{\partial H}{\partial \phi} = 0.$$

We want now to look at the system close to the stable equilibrium state (small θ and $\dot{\phi}=0$).

a) From the Euler-Lagrange equations of motion:

From the equation (2) we see that the condition $\dot{\theta}=\dot{\phi}=0$ (equilibrium state)^(*) gives us the solution $\theta(\dot{\theta}=0) \equiv \theta_0 = 0$, $\phi = \phi_0$ (constant).

We introduce now small perturbations:

$$\theta(t) = \theta_0 + \delta\theta(t) \Rightarrow \dot{\theta} = \delta\dot{\theta}, \ddot{\theta} = \delta\ddot{\theta}.$$

$$(\delta\theta \ll 1)$$

The equation (2) now reads

$$m r^2 \delta\ddot{\theta} = -m g r \sin(\delta\theta)$$

expanding for small $\delta\theta$, we get

$$\sin \delta\theta \simeq \delta\theta + \mathcal{O}(\delta\theta)^2$$

$$m r^2 \delta\ddot{\theta} = -m g r \delta\theta$$

$$\Leftrightarrow \delta\ddot{\theta} + \frac{g}{r} \delta\theta = 0$$

$$\Leftrightarrow \delta\ddot{\theta} + \omega^2 \delta\theta = 0$$

This is the equation of motion of a harmonic oscillator with the frequency $\omega = \sqrt{\frac{g}{r}}$.

(*) Note that the solution $(\theta_0, \phi_0) = (\pi, \phi_0)$ is also an equilibrium state but it is not stable.

b) From the Hamilton equations of motion:

4

From the equilibrium condition ($\dot{\theta} = \dot{\phi} = \dot{p}_\theta = \dot{p}_\phi = 0$), we get from (5):

$$\begin{cases} p_\theta = 0 \\ p_\phi = 0 \end{cases} \Rightarrow \begin{cases} \sin \theta = 0 \Rightarrow \theta_0 = 0 \\ \phi = \phi_0 \text{ (constant)}. \end{cases}$$

Introducing small perturbations ($\theta(t) = \theta_0 + \delta\theta(t)$) in (5), we get:

$$\begin{cases} p_\theta = m r^2 \delta\dot{\theta} & \dot{p}_\theta = -m g r \delta\theta \\ p_\phi = 0 & \dot{p}_\phi = 0 \end{cases}$$

and the Hamiltonian now reads:

$$\begin{aligned} H + m g r &= \frac{m r^2}{2} \delta\dot{\theta}^2 + \frac{m g r}{2} \delta\theta^2 = \tilde{H} \text{ (taking the zero of the potential energy at } z = -r) \\ &= \frac{m}{2} (r \delta\dot{\theta})^2 + \frac{m g}{2 r} (r \delta\theta)^2 \\ &\equiv \frac{m}{2} v^2 + \frac{m \omega^2}{2} x^2 \end{aligned}$$

This is nothing but the Hamilton function of a harmonic oscillator with the frequency $\omega = \sqrt{\frac{g}{r}}$.